

## Einzel am 23.06.2012

## Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Bike	Run	Swim	Run	Bike	Endzeit
1	59	Petersen, Willi	TSV Ladelund		70	M40 1	15:19 1	17:57 9	8:22 13	15:52 3	14:22 1	1:11:52
2	58	Petersen, Dirk	TSV Westerland		69	M40 2	35:00 41	1:00 1	7:56 10	17:06 7	14:24 2	1:15:26
3	49	Hofmann, Christian	TSG Klein Ostheim		77	M35 1	34:46 40	1:00 1	8:00 11	17:01 6	14:59 7	1:15:46
4	61	Leppeck, Henning	TSV Westerland		70	M40 3	17:37 15	18:10 10	11:14 24	16:44 4	16:15 20	1:20:00
5	51	Sönnichsen, Timo	MTV Leck		79	M30 1	16:42 5	20:32 13	10:11 15	17:31 9	15:11 8	1:20:07
6	48	Kaim, Tobias	Fri Ööwingsfloose		77	M35 2	16:00 2	31:50 42	1:00 2	17:00 5	14:27 4	1:20:17
7	57	Delfs, Christian	TSV Ladelund		86	M25 1	16:58 9	20:51 14	10:49 18	18:11 11	14:47 6	1:21:36
8	55	Sönksen, Sören	SV Enge-Sande		85	M25 2	16:50 7	21:20 16	9:14 14	18:52 18	15:33 12	1:21:49
9	63	Südel, Gunter			64	M45 1	16:26 4	22:16 22	11:49 26	18:08 10	14:35 5	1:23:14
10	52	Petersen, Björn	SV Enge-Sande		80	M30 2	16:49 6	21:34 18	12:13 28	17:27 8	15:14 9	1:23:17
11	35	Schmidt, Mario	TSV Westerland		67	M45 2	17:37 15	21:04 15	10:55 20	18:44 16	15:41 13	1:24:01
12	39	Stadel, Olaf	Germania Breklum		70	M40 4	16:53 8	21:43 19	10:53 19	18:50 17	15:44 14	1:24:03
13	36	Kaletzke, Gunnar	Fri Ööwingsfloose		68	M40 5	38:51 42	1:00 1	11:05 21	18:43 15	14:26 3	1:24:05
14	33	Niebergall, Rolf	SV Enge-Sande		64	M45 3	18:15 20	21:25 17	11:35 25	18:28 12	16:06 18	1:25:49
15	45	Matthiesen, Oke	Sportfreunde Bordelum		74	M35 3	18:11 19	19:33 11	1:40 5	30:19 42	16:19 22	1:26:02
16	60	Böckenholt, Marc			70	M40 6	17:05 12	22:37 23	11:06 22	19:36 20	15:49 17	1:26:13
17	62	Neugebauer, Lars	Frii Ööwingsfloose		72	M40 7	17:42 17	24:16 28	8:03 12	20:58 28	15:29 11	1:26:28
18	40	Meyer, Olli	MTV Bad Bevensen		70	M40 8	18:43 22	21:51 20	11:06 22	18:28 12	17:09 31	1:27:17
19	17	Lützen-Junge, Jutta	Fri Ööwingsfloose		68	W40 1	17:24 13	23:26 27	7:42 9	23:30 36	15:21 10	1:27:23
20	38	Smala, Paul			82	M30 3	17:51 18	23:13 25	13:19 35	18:29 14	16:31 27	1:29:23
21	18	Lützen, Ellen	Fri Ööwingsfloose		68	W40 2	41:54 45	1:00 1	10:42 16	19:38 21	16:27 24	1:29:41
22	46	Lingke, Melf	Sportfreunde Bordelum		75	M35 4	17:03 10	20:02 12	5:08 7	31:42 43	15:48 16	1:29:43
23	34	Petersen, Volker	SV Enge-Sande		65	M45 4	40:56 43	1:00 1	12:15 29	19:53 24	16:13 19	1:30:17
24	43	Bonus, Oliver	Team KSH		73	M35 5	19:28 26	22:56 24	2:07 6	29:57 41	16:17 21	1:30:45
25	32	Koplin, Ralf	TSV Emmelsbüll		62	M50 1	41:18 44	1:00 1	13:12 34	15:45 2	21:31 43	1:32:46
26	19	Wehrmann, Heidi	ETV Kiel		73	W35 1	19:32 27	23:17 26	14:02 37	18:59 19	17:08 29	1:32:58
27	47	Pansegau, Dirk	MTV Leck		75	M35 6	16:16 3	27:01 36	10:43 17	23:16 35	15:46 15	1:33:02
28	37	Giebelmann, Jochen	Versatel Deutschland GmbH		69	M40 9	17:26 14	24:44 29	13:47 36	20:41 26	16:28 25	1:33:06
29	23	Ingwersen, Britta	Bohnenkamp Bikes		84	W25 1	18:41 21	25:28 32	5:45 8	28:32 40	16:29 26	1:34:55
30	20	Petersen, Christine	TSV Ladelund		73	W35 2	19:13 24	25:07 30	12:49 31	20:42 27	17:07 28	1:34:58
31	26	Becker, Anne	MTV Leck		89	W20 1	20:05 30	21:54 21	15:02 41	20:23 25	17:36 33	1:35:00
32	24	Ingwersen, Karina	Bohnenkamp Bikes		86	W25 2	44:01 47	1:00 1	12:16 30	21:57 31	16:25 23	1:35:39
33	30	Harrsen, Hans	LAV Husum		59	M50 2	19:33 28	25:14 31	9 1	32:45 44	18:21 36	1:36:02
33	28	Nissen-Hünding, Klaus	Humptrup Bulls		56	M55 1	42:33 46	1:00 1	14:25 39	19:50 23	18:14 35	1:36:02
35	53	Feuerpfeil, Florian	MTV Leck		80	M30 4	19:55 29	26:10 34	12:55 32	21:25 30	17:28 32	1:37:53
36	29	Hansen, Maik	RW Niebüll		69	M40 10	20:11 31	40:16 45	1:00 2	19:40 22	17:55 34	1:39:02
37	41	Zimmermann, Michael	Fri Ööwingsfloose		71	M40 11	18:48 23	27:52 38	14:08 38	23:05 34	17:08 29	1:41:01
38	42	Koch, Thorsten	Team KSH		72	M40 12	17:04 11	27:42 37	12:59 33	1:00 1	42:26 46	1:41:11

## Einzel am 23.06.2012

## Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Bike	Run	Swim	Run	Bike	Endzeit
39	31	Nissen, Bernd	Team KSH		62	M50 3	19:17 25	25:31 33	15:04 42	23:02 33	18:42 38	1:41:36
40	12	Schulze, Monika	TSV Ladelund		55	W55 1	21:58 35	40:21 46	1:00 2	21:13 29	18:59 39	1:43:31
41	16	Hansen, Brigitte	TSV Ladelund		67	W45 1	21:02 34	26:45 35	14:52 40	22:40 32	19:00 40	1:44:19
42	15	Jannsen Pretsch, Britta	TSV Ladelund		67	W45 2	20:30 32	28:39 39	18:00 46	24:52 38	18:32 37	1:50:33
43	22	Schulze, Birte	TSV Ladelund		84	W25 3	20:58 33	29:20 40	15:51 43	25:24 39	19:20 41	1:50:53
44	27	Jacobsen, Horst	Feuerwehr Flensburg		41	M70 1	22:44 36	30:31 41	15:58 45	24:44 37	21:04 42	1:55:01
45	25	Breckling, Wiebke			89	W20 2	23:28 37	36:45 43	11:56 27	35:00 45	22:06 45	2:09:15
46	13	Jensen, Christel			60	W50 1	24:22 38	38:53 44	15:57 44	35:43 46	21:55 44	2:16:50

## Einzel am 23.06.2012

## Ergebnisliste - Männer

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Bike	Run	Swim	Run	Bike	Endzeit
1	59	Petersen, Willi	TSV Ladelund		70	M40 1	15:19 1	17:57 7	8:22 10	15:52 3	14:22 1	1:11:52
2	58	Petersen, Dirk	TSV Westerland		69	M40 2	35:00 29	1:00 1	7:56 7	17:06 7	14:24 2	1:15:26
3	49	Hofmann, Christian	TSG Klein Ostheim		77	M35 1	34:46 28	1:00 1	8:00 8	17:01 6	14:59 7	1:15:46
4	61	Leppeck, Henning	TSV Westerland		70	M40 3	17:37 14	18:10 8	11:14 20	16:44 4	16:15 19	1:20:00
5	51	Sönnichsen, Timo	MTV Leck		79	M30 1	16:42 5	20:32 11	10:11 12	17:31 9	15:11 8	1:20:07
6	48	Kaim, Tobias	Fri Ööwingsfloose		77	M35 2	16:00 2	31:50 32	1:00 2	17:00 5	14:27 4	1:20:17
7	57	Delfs, Christian	TSV Ladelund		86	M25 1	16:58 9	20:51 12	10:49 14	18:11 11	14:47 6	1:21:36
8	55	Sönksen, Sören	SV Enge-Sande		85	M25 2	16:50 7	21:20 14	9:14 11	18:52 18	15:33 11	1:21:49
9	63	Südel, Gunter			64	M45 1	16:26 4	22:16 19	11:49 22	18:08 10	14:35 5	1:23:14
10	52	Petersen, Björn	SV Enge-Sande		80	M30 2	16:49 6	21:34 16	12:13 23	17:27 8	15:14 9	1:23:17
11	35	Schmidt, Mario	TSV Westerland		67	M45 2	17:37 14	21:04 13	10:55 16	18:44 16	15:41 12	1:24:01
12	39	Stadel, Olaf	Germania Breklum		70	M40 4	16:53 8	21:43 17	10:53 15	18:50 17	15:44 13	1:24:03
13	36	Kaletzke, Gunnar	Fri Ööwingsfloose		68	M40 5	38:51 30	1:00 1	11:05 17	18:43 15	14:26 3	1:24:05
14	33	Niebergall, Rolf	SV Enge-Sande		64	M45 3	18:15 19	21:25 15	11:35 21	18:28 12	16:06 17	1:25:49
15	45	Matthiesen, Oke	Sportfreunde Bordelum		74	M35 3	18:11 18	19:33 9	1:40 4	30:19 31	16:19 21	1:26:02
16	60	Böckenholt, Marc			70	M40 6	17:05 12	22:37 20	11:06 18	19:36 19	15:49 16	1:26:13
17	62	Neugebauer, Lars	Frii Ööwingsfloose		72	M40 7	17:42 16	24:16 23	8:03 9	20:58 24	15:29 10	1:26:28
18	40	Meyer, Olli	MTV Bad Bevensen		70	M40 8	18:43 20	21:51 18	11:06 18	18:28 12	17:09 25	1:27:17
19	38	Smala, Paul			82	M30 3	17:51 17	23:13 22	13:19 28	18:29 14	16:31 23	1:29:23
20	46	Lingke, Melf	Sportfreunde Bordelum		75	M35 4	17:03 10	20:02 10	5:08 6	31:42 32	15:48 15	1:29:43
21	34	Petersen, Volker	SV Enge-Sande		65	M45 4	40:56 31	1:00 1	12:15 24	19:53 22	16:13 18	1:30:17
22	43	Bonus, Oliver	Team KSH		73	M35 5	19:28 23	22:56 21	2:07 5	29:57 30	16:17 20	1:30:45
23	32	Koplin, Ralf	TSV Emmelsbüll		62	M50 1	41:18 32	1:00 1	13:12 27	15:45 2	21:31 32	1:32:46

## Einzel am 23.06.2012

## Ergebnisliste - Männer

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Bike	Run	Swim	Run	Bike	Endzeit
24	47	Pansegau, Dirk	MTV Leck		75	M35 6	16:16 3	27:01 28	10:43 13	23:16 28	15:46 14	1:33:02
25	37	Giebelmann, Jochen	Versatel Deutschland GmbH		69	M40 9	17:26 13	24:44 24	13:47 29	20:41 23	16:28 22	1:33:06
26	30	Harsen, Hans	LAV Husum		59	M50 2	19:33 24	25:14 25	9 1	32:45 33	18:21 29	1:36:02
26	28	Nissen-Hünding, Klaus	Humptrup Bulls		56	M55 1	42:33 33	1:00 1	14:25 31	19:50 21	18:14 28	1:36:02
28	53	Feuerpfeil, Florian	MTV Leck		80	M30 4	19:55 25	26:10 27	12:55 25	21:25 25	17:28 26	1:37:53
29	29	Hansen, Maik	RW Niebüll		69	M40 10	20:11 26	40:16 33	1:00 2	19:40 20	17:55 27	1:39:02
30	41	Zimmermann, Michael	Fri Ööwingsfloose		71	M40 11	18:48 21	27:52 30	14:08 30	23:05 27	17:08 24	1:41:01
31	42	Koch, Thorsten	Team KSH		72	M40 12	17:04 11	27:42 29	12:59 26	1:00 1	42:26 33	1:41:11
32	31	Nissen, Bernd	Team KSH		62	M50 3	19:17 22	25:31 26	15:04 32	23:02 26	18:42 30	1:41:36
33	27	Jacobsen, Horst	Feuerwehr Flensburg		41	M70 1	22:44 27	30:31 31	15:58 33	24:44 29	21:04 31	1:55:01

## Einzel am 23.06.2012

## Ergebnisliste - Frauen

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Bike	Run	Swim	Run	Bike	Endzeit
1	17	Lützen-Junge, Jutta	Fri Ööwingsfloose		68	W40 1	17:24 1	23:26 5	7:42 3	23:30 8	15:21 1	1:27:23
2	18	Lützen, Ellen	Fri Ööwingsfloose		68	W40 2	41:54 13	1:00 1	10:42 4	19:38 2	16:27 3	1:29:41
3	19	Wehrmann, Heidi	ETV Kiel		73	W35 1	19:32 4	23:17 4	14:02 8	18:59 1	17:08 6	1:32:58
4	23	Ingwersen, Britta	Bohnenkamp Bikes		84	W25 1	18:41 2	25:28 7	5:45 2	28:32 11	16:29 4	1:34:55
5	20	Petersen, Christine	TSV Ladelund		73	W35 2	19:13 3	25:07 6	12:49 7	20:42 4	17:07 5	1:34:58
6	26	Becker, Anne	MTV Leck		89	W20 1	20:05 5	21:54 3	15:02 10	20:23 3	17:36 7	1:35:00
7	24	Ingwersen, Karina	Bohnenkamp Bikes		86	W25 2	44:01 14	1:00 1	12:16 6	21:57 6	16:25 2	1:35:39
8	12	Schulze, Monika	TSV Ladelund		55	W55 1	21:58 9	40:21 13	1:00 1	21:13 5	18:59 9	1:43:31
9	16	Hansen, Brigitte	TSV Ladelund		67	W45 1	21:02 8	26:45 8	14:52 9	22:40 7	19:00 10	1:44:19
10	15	Jannsen Pretsch, Britta	TSV Ladelund		67	W45 2	20:30 6	28:39 9	18:00 13	24:52 9	18:32 8	1:50:33
11	22	Schulze, Birte	TSV Ladelund		84	W25 3	20:58 7	29:20 10	15:51 11	25:24 10	19:20 11	1:50:53
12	25	Breckling, Wiebke			89	W20 2	23:28 10	36:45 11	11:56 5	35:00 12	22:06 13	2:09:15
13	13	Jensen, Christel			60	W50 1	24:22 11	38:53 12	15:57 12	35:43 13	21:55 12	2:16:50